



HOLY TRINITY CAPE COD

- **ASH WEDNESDAY** FEBRUARY 14 | (ASHES DISTRIBUTED AT HOLY MASS)  
9:00 A.M.  
6:00 P.M.



- **SOUP AND STATIONS OF THE CROSS**  
EVERY FRIDAY AT 6:00 P.M. BEGINNING FEBRUARY 16  
JOIN US FOR A COMMUNAL MEAL OF SOUP AND BREAD AFTER STATIONS

- **WEEKLY EUCHARISTIC HOLY HOUR WITH CONFESSIONS**

WEDNESDAYS AT 6:00 P.M.

REGULAR CONFESSIONS EVERY SATURDAY AT 2:30 P.M.

**DO NOT CARRY YOUR SINS INTO EASTER. LET JESUS SET YOU FREE.**



- **DAILY MASS** LENT IS A WONDERFUL TIME TO SPEND SOME EXTRA TIME AT MASS.  
JOIN US FOR OUR 9:00 A.M. HOLY MASS (MONDAY-FRIDAY & FIRST SATURDAY)

- **WEEKNIGHT COMMUNION SERVICE** TUESDAY AND THURSDAY AT 6:00 P.M.  
LED BY OUR DEACONS

- **LENTEN MISSION MARCH 4-6 | 6:00 P.M. EACH EVENING**

*FROM ASHES TO GLORY: OUR LENTEN JOURNEY*

*SPEAKER: REV. MICHAEL MACINNIS | DIRECTOR OF HUMAN FORMATION AT ST. JOHN'S SEMINARY*



- **SAINT PATRICK DINNER MARCH 16 | 5:30 P.M. | HOLY TRINITY PARISH HALL**

Join us for our annual dinner (corned beef and cabbage and Irish Soda Bread by Fr. Tom). Entertainment: Brian Corcoran. Tickets are \$20.

- **LENTEN WOMEN'S RETREAT MARCH 23 | 9:00 A.M. – 5:00 P.M.**

*THROUGH THE EYES OF OUR SISTERS: A WISDOM JOURNEY THROUGH LENT*

*PRESENTERS: DR. LAURA ZANE KOLMAN & DEBORAH ZANE, MA PASTORAL MINISTRY*

*COST: \$15 – MORNING REFRESHMENTS & LUNCH INCLUDED*

**FAST AND ABSTINENCE DURING LENT:** Everyone 14 or older must **ABSTAIN** from meat on Ash Wednesday, Good Friday, and Fridays of Lent. Those between 18-59 must also **FAST** (One full meal & two small meals not equal to a full meal) on Ash Wednesday & Good Friday.